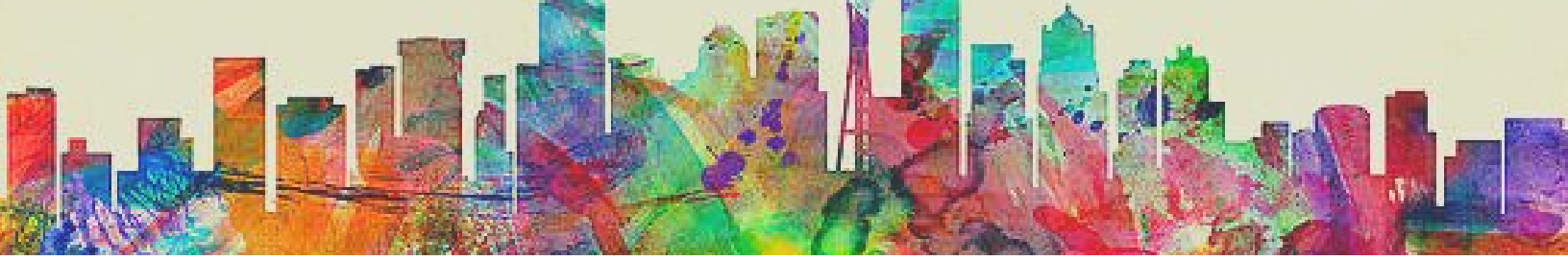


UN-COMMON ART



**SUMMIT YOUR UN-COMMON ART TO
STAFF OR EMAIL
CHMHANEWSLETTER@GMAIL.COM**

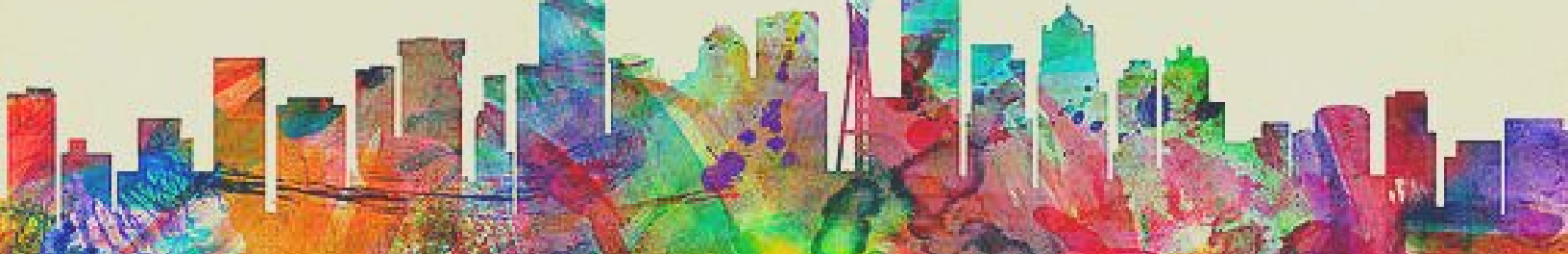


POETRY BY WENDY NAKASHIMA

My Culture

Everyone has culture, it's a collection of things.
Ear culture, eye culture, nose culture, skin culture,
we are even blessed with throat culture....
Women even give cultures for infections and
diseases.

There's Old culture and New culture;
There's even Boy George and the Culture Club...
You would think with all this culture we could sit
down and Learn;
although for men it is hard you see;
They don't have as many cultures as We...

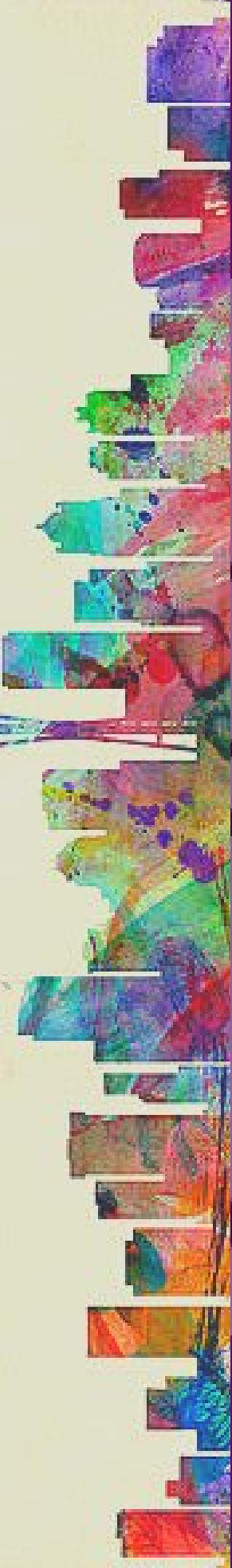


POETRY BY ONEIKA HOSANG

When Summer Comes

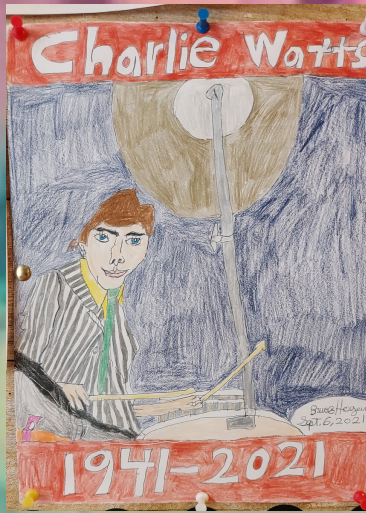
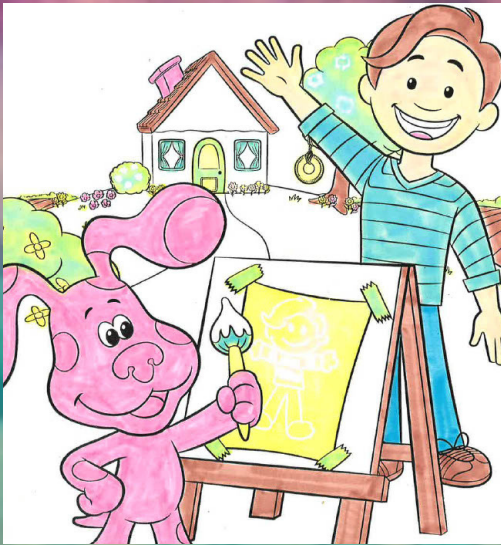
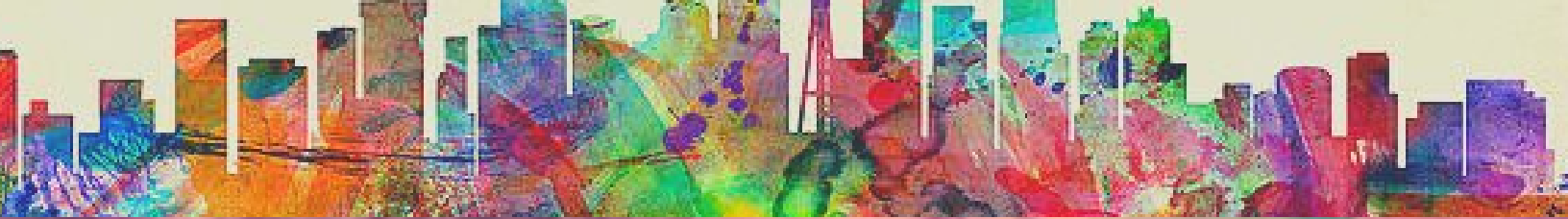
Our love has become
a monument
carved out of ice.

Now that summer is
approaching;
what will become of
it?



Poetry by Grace B

WICKED TRICKSTER
THEY CALL ME LUCKY
BUT KEEP IT LOW KEY
I'M CREEPING, CRAWLING
NOT STALLING
I STEP INTO THE LIMELIGHT
BECAUSE THIS IS MY FIGHT
MY LAST CHANCE
THESE AREN'T JUST SOME CRAZY RANTS
ANGELS AND DEMONS WALK THIS LAND
FROM THE MOUNTAINS TO THE HOT SAND
I'M MAKING MY STAND
GRABBING MY REINS
TO RID THIS WORLD OF THE STAINS
LEFT BEHIND BY OUR RACE
THE HUMAN ONE
OUR LAST BATTLE WON'T BE RACIAL
IT'LL BE A LITTLE MORE SPECIAL
THAN BROWN VS BLACK VS WHITE
BUT WE'VE LOST OUR SIGHT
TOO MUCH EVIL IN GOOD
TOO MUCH GOOD IN EVIL
PLEASE NO MORE RIVALRY
WE SHOULD LIVE IN REVELRY
CELEBRATING WE'RE ALL HERE
FIGHTING GETS US NOWHERE
ALL SHOULD WALK IN HIS TRUE STEPS
PEACE AND LOVE IS WHAT WE NEED
NOT ALL THIS SELFISHNESS AND GREED
NO MORE WICKED TRICKSTERS
BREAK AWAY FROM THE MASK
AND WE'LL CELEBRATE AT LAST



By Bruce H



By Robert K

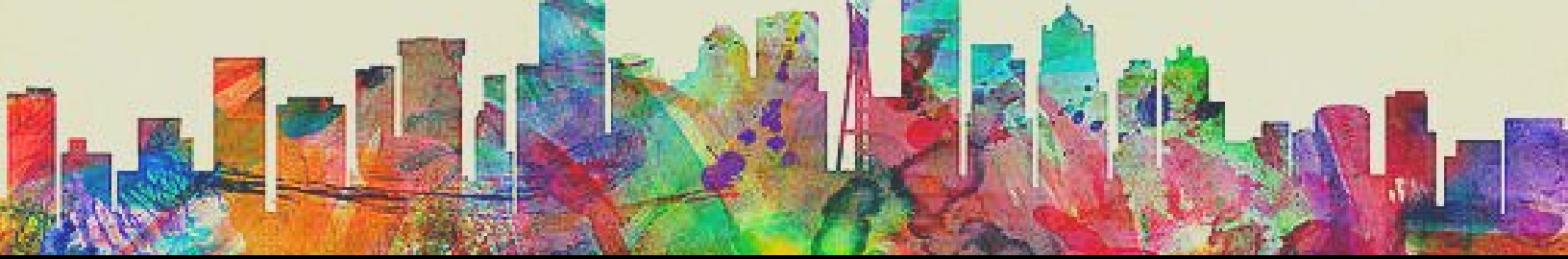


Eletha S



by Grace B

Background by Grace B



By Dan C



By Robert G

VEGETARIAN CHILI

TOTAL TIME: 1 HR 15 MIN SERVINGS: 8

Ingredients

- 1 tablespoon olive oil
- 1 medium onion, chopped
- 2 jalapeno peppers, chopped (OPTIONAL)
- 1 teaspoon cumin
- 2 tablespoons oregano
- 1 tablespoon salt
- 4 cloves garlic
- 2 stalks celery
- 2 green bell peppers
- 2 (4 ounce) cans chopped green chilis (OPTIONAL)
- 2 (12 ounce) packages vegetarian burger crumbles (OPTIONAL)
- 3 (28 ounce) cans whole peeled, tomatoes, crushed
- 3-4 tablespoons of chili power
- 1 tablespoon black pepper
- 1 (15 ounce) can kidney beans
- 1 (15 ounce) black beans
- 1 (15 ounce) canned corn

Part 1

- Heat the olive oil in a large pot over medium heat then add the onion and jalapenos and season with cumin, oregano, and salt.
- Cook and stir until onion is tender and semi translucent then mix in the celery, green bell peppers, garlic, and green chili peppers.
- When vegetables are heated through, mix in the vegetarian burger crumbles.
- Reduce heat to low, cover pot, and simmer for 5 minutes.

Part 2

- Mix the tomatoes into the pot then season chili with chili powder and black pepper.
- Drain the liquid from the beans then add to chili.
- Bring to a boil, reduce heat to low, and simmer for 45 minutes to let the
- Stir in the corn and continue cooking 5 minutes before serving.

Day Treatment Weekly Schedule

Fall 2021

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10:00	Open Medication 10:15 Breakfast & Coffee	Open Medication 10:15 Breakfast & Coffee	Open Medication 11:30 Community Meeting	Open Medication 10:15 Breakfast & Coffee	Open Medication 10:15 Breakfast & Coffee
11:00		Art Therapy		Outing/Special Events	Game Therapy
12:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00	Food & Clothing Bank	Music Appreciation	Recovery Group	Newsletter/Writing Therapy	
1:45	Medication	Medication	Medication	Medication	Medication
2:00	2:00 House Job Sign Up 2:15 Start HJ	2:00 House Job Sign Up 2:15 Start HJ	2:00 House Job Sign Up 2:15 Start HJ	2:00 House Job Sign Up 2:15 Start HJ	2:00 House Job Sign Up 2:15 Start HJ
2:30	Close	Close	Close	Close	Close

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Monthly Events:

- 1st Friday** of the month Chess Tournament- \$15 gift card and bragging rights for the month
- 3rd Friday** of the month Cornhole Tournament- \$15 gift card and bragging rights for the month
- 3rd Tuesday** of the Month- Karaoke Afterhours @ 230
- Last Thursday** of the month- Birthday Celebration